Just a breath Smoke in the mirror

Ecclesiastes 1:1-11

The realities of life are sometimes _____

"Futility" "meaningless" "vanity" = _____, or

"under the sun" is ______ _____.

Only grasping the fleeting nature of life will



Some of the things I have been chasing: _____

Parts of life that I have been trying to control: _____

______ without ______

Situations that have been hard for me to face: _____

What I learned today to help me in all of the above: